## Emma Katharyn Moat

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#### **PROFILE**

I am a qualified Play Therapist and Adult Counsellor with 9 years' experience of working with children, groups and adults. I have extensive teaching experience, working both in the UK and abroad, and have written and delivered accredited courses on integrative counselling and play/creative arts therapy. I have worked therapeutically with children and young people in a variety of settings, including schools, homes and private practice. I am extremely adaptable to my environment, and comfortable both working in a group setting as well as one to one work, whether it be teaching, supervising or counselling. My 20 years' experience in marketing and retail ensures excellent communication and organisational skills.

#### **KEY ACHIEVEMENTS**

- Set up own private practice in play and creative arts therapy, now with over 1000 hours of therapeutic work (<a href="https://www.cambridgeplaytherapy.com">www.cambridgeplaytherapy.com</a>)
- Designed and delivered government accredited course in Certificate in play therapy in Estonia, now in second successful year, as well as one-off courses on specific aspects of the therapeutic models or topics
- Have written and delivered (according to AQA guidelines) Level Two counselling certificate for Huntingdon Regional College, as well as designing and writing L3 Creative Arts in Counselling course. Covered Diploma teaching.
- Became a member of the East Cambs Locality Team, working across primary schools in the region delivering counselling and play therapy with children and teens.

#### **EMPLOYMENT EXPERIENCE**

## Play Therapist October 2008 - Present

I offer Play therapy and counselling to a wide range of children and adults across Cambridgeshire (privately and for East Cambs, as well as in a voluntary capacity for Blue Smile)

#### **Tutor in Play Therapy and Counselling**

July 2008 - Present

I have written and delivered a range courses in play therapy, creative arts counselling and integrative counselling in a variety of settings, for adults (Tartu, Estonia, Tallinn, Estonia, Huntingdon Regional College, Cambridge.) I also offer tailored workshops to schools and other organisations.

### Bookseller, Cambridge University Press Bookshop

**December 2006 – June 2016** 

I am responsible for all aspects of the advertising and marketing of the city centre Bookshop. My duties include acting as shop manager at weekends, responsible for a team of casual staff. I have to ensure excellent customer service, and deal with day to day enquiries. I manage a marketing budget of £11,000. I am responsible for some weekend and evening functions and seminars, as well as price promotions and social media sites. I attend training courses on various aspects of customer service, retail, marketing, as well as health and safety,

#### Marketing Executive, Cambridge University Press

February 1992 – December 2006

I was responsible for the marketing of academic books within a wide range of subjects, including Philosophy, Literature, Music and Psychology. Duties included placing advertising, liaising with authors, attending conferences across Europe, and writing copy.

#### **EDUCATION & TRAINING**

NCFE Huntingdon Regional College, Level 4 Higher Diploma in Counselling	July 2012
NCFE Huntingdon Regional College, Level 3 Certificate in Counselling	July 2010
PTUK (Accred by Univ of Christchurch) Diploma in Play Therapy	July 2009
PTUK (Accred by Univ of Christchurch) Certificate in Play Therapy	July 2008

University of Warwick, BA (Hons) Drama, English and Education (2:2)	1987 – 1991
Hills Road VI Form College, Cambridge, A Levels: Drama, English, French	1985 – 1987
Comberton Village College, Comberton, 8 'O'Levels, 1 CSE Grade 1	1980 - 1985

## PROFESSIONAL MEMBERSHIPS

Member of BACP as well as the branch of CCYP (Counselling Children and Young People)

## **INTERESTS**

Travelling, theatre (active member of local Am Dram society), swimming, cooking, reading, music.

References available on request